

2024 May Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Daily Salad Bar Items:</i> Romaine Lettuce Baby Carrots Cucumber Garbanzo Beans Cherry Tomato	<i>Daily Alternative Meals:</i> - Chef Salad w/ Deli Turkey, Cheese, Egg & Whole Grain Wrap - PB & J Sandwich - Tuna Salad Sandwich - Grilled Cheese Sandwich	1 Teriyaki Chicken Teriyaki Tofu Stir Fry Rice w/Veggie Salad Bar Fruit May Day	2 Hamburger Veggie Burger Chef's Soup Potato Wedges Salad Bar Fruit	3 Pepperoni Pizza Cheese Pizza Salad Bar Fruit
6 Philly Cheese Steak Vegetarian Cheese Steak Potato Wedges Salad Bar Fruit	7 Sloppy Joe on a Bun Veggie Sloppy Joe on a Bun Chef's Soup Salad Bar Fruit	8 Munchie Bowl - Chicken Tenders & Mozz Sticks Veggie Tenders & Mozz Sticks Tater Tots Salad Bar Fruit	9 Spaghetti w/ Chicken Cacciatore Spaghetti w/ Red Sauce Minestrone Soup Salad Bar Fruit	10 Pepperoni Pizza Cheese Pizza Salad Bar Fruit
13 Breakfast Sandwich Egg, Cheese, & Sausage or Egg & Cheese Smoothies Salad Bar Fruit	14 Chicken Fajita Three Bean Fajita Chef's Soup Salad Bar Fruit	15 Hot Dog w/Baked Beans Veggie Dog w/Baked Beans Tater Tots Salad Bar Fruit	16 Grilled Turkey & Cheese Grilled Cheese Tomato Soup Salad Bar Fruit	17 Pepperoni Pizza Cheese Pizza Salad Bar Fruit
20 Crispy Chicken Quesadilla Black Bean Quesadilla Salad Bar Fruit	21 Beef Chili w/ Cheese Three Bean Chili w/ Cheese Spanish Rice Chef's Soup Salad Bar Fruit	22 Baked BBQ Chicken Veggie BBQ Chicken Patty Green Beans Mac & Cheese Salad Bar Fruit	23 Chicken Patty Sandwich Veggie Patty Sandwich Chef's Soup Sweet Potato Fries Salad Bar Fruit	24 Pepperoni Pizza Cheese Pizza Salad Bar Fruit
27 Memorial Day No School	28 WG Pancakes w/ Sausage WG Pancakes w/ Cheese Stick Smoothies Salad Bar Fruit	29 Chicken Tenders Veggie Chicken Tenders Steak Cut Fries Salad Bar Fruit	30 Hamburger on a Bun Veggie Burger on a Bun Crinkle Cut Fries Chef's Soup Salad Bar Fruit	31 Pepperoni Pizza Cheese Pizza Salad Bar Fruit

Key: H=Hot Lunch VH=Vegetarian Hot Lunch. All lunches come with salad bar, fruit and a choice of 2 milk varieties. Chef Salad, PB&J and Tuna Salad Sandwich are available as lunch substitutions. This institution adheres to Massachusetts state guidelines for choking hazards. Grains are whole unless specified. Please let us know if anyone attending meal service has a food allergy. Substitutions may occur without notice.

This institution is an equal opportunity provider.

2024 May Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Cereal Selection Granola Bar Yogurt Fruit Juice Milk	2 Cereal Selection Granola Bar Cheese Stick Fruit Juice Milk	3 WG Pancakes w/ Syrup Granola Bar Cheese Stick Fruit Juice Milk
		May Day		
6 Cereal Selection Granola Bar Yogurt Fruit Juice Milk	7 WG Banana Muffins Granola Bar Cheese Stick Fruit Juice Milk	8 Cereal Selection Granola Bar Yogurt Fruit Juice Milk	9 Cereal Selection Granola Bar Cheese Stick Fruit Juice Milk	10 WG French Toast w/ Syrup Granola Bar Cheese Stick Fruit Juice Milk
13 Cereal Selection Granola Bar Yogurt Fruit Juice Milk	14 WG Waffles w/ Syrup Granola Bar Cheese Stick Fruit Juice Milk	15 Cereal Selection Granola Bar Yogurt Fruit Juice Milk	16 Cereal Selection Granola Bar Cheese Stick Fruit Juice Milk	17 Cinnamon Bun Granola Bar Yogurt Fruit Juice Milk
20 Cereal Selection Granola Bar Yogurt Fruit Juice Milk	21 Breakfast Bagel Egg, Sausage, & Cheese or Egg & Cheese Granola Bar Cheese Stick Fruit Juice Milk	22 Cereal Selection Granola Bar Yogurt Fruit Juice Milk	23 Cereal Selection Granola Bar Cheese Stick Fruit Juice Milk	24 WG Chocolate Donut Granola Bar Cheese Stick Fruit Juice Milk
27 Memorial Day No School	28 Rainbow Bagel w/ Cream Cheese or Peanut Butter Granola Bar Cheese Stick Fruit Juice Milk	29 Cereal Selection Granola Bar Yogurt Fruit Juice Milk	30 Cereal Selection Granola Bar Cheese Stick Fruit Juice Milk	31 Overnight Oats w/ Fruit Granola Bar Cheese Stick Fruit Juice Milk

Key: H=Hot Lunch VH=Vegetarian Hot Lunch. All lunches come with salad bar, fruit and a choice of 2 milk varieties. Chef Salad, PB&J and Tuna Salad Sandwich are available as lunch substitutions. This institution adheres to Massachusetts state guidelines for choking hazards. Grains are whole unless specified. Please let us know if anyone attending meal service has a food allergy. Substitutions may occur without notice.

This institution is an equal opportunity provider.

Daily Alternative Meals:

- Chef Salad w/ Deli Turkey, Cheese & Egg & Whole Grain Wrap
 - PB & J Sandwich
 - Tuna Salad Sandwich
 - Grilled Cheese Sandwich

Daily Salad Bar Items:

Romaine Lettuce
Baby Carrots
Cucumber
Garbanzo Beans
Cherry Tomato